

THE MESSENGER

News from our church community

November 2025

"Oh give thanks to the Lord,
for he is good, for his
steadfast love endures
forever!"
Psalm 107:1

All are welcome here.



GREETINGS FROM FR. MICHAEL

WEEKEND SERVICES

SATURDAY

5:00 PM | HOLY EUCHARIST

SUNDAY

8:00 AM | HOLY EUCHARIST

10:00 AM | HOLY EUCHARIST

SUNDAY LIVE-STREAM LINKS
PUBLISHED IN THE WEEKEND
E-NEWS FOR THE UPCOMING
WEEKEND SERVICE.

[View Sunday Sermons](#)

Dear Friends,

November invites us into a season of gratitude, gathering, and grace. It's the time of year when we pause to notice the abundance around us - the people who bless our days, the beauty of creation, and the church community that grounds and sustains us.

At St. Mary's, we see that spirit of thanksgiving come alive through our Annual Thanksgiving Dinner, one of our most beloved traditions. Each November, we open our doors wide to the entire community - parishioners, neighbors, and friends - to share a meal together. There's always room at the table and plenty to go around.

And it's more than a meal; it's a moment of connection.

Conversations flow, laughter fills the air, and grace takes tangible form in turkey, stuffing, and shared stories. In a world that often feels divided, our Thanksgiving Dinner reminds us that everyone belongs and that community begins when we sit side by side and share what we have.

This month, we also give thanks for all who have made financial pledges to St. Mary's for the coming year. Our stewardship theme - *Giving, Growing, Building* - has come alive through you. Every pledge, prayer, and act of service contributes to that shared vision of a church rooted in love and open to all. Because of your generosity, St. Mary's continues to be a place where faith deepens, friendships form, and compassion overflows into the wider community.

As we move through this season of thanksgiving, may gratitude shape how we live each day.

With gratitude for each of you, and blessings for a joyful and hopeful Thanksgiving season,

Michael +



Pictured from left, CAC team member, Peter Scarafile, Judy Walden Scarafile and Fr. Michael Horvath.

Spread Joy This Thanksgiving

"Your donations help feed families - \$100 supports a small family with a gift card and a turkey, and \$150 provides for larger families."

- Judy Walden Scarafile

Are you on a mission to make a difference this holiday season? Join us for St. Mary's 16th Annual Thanksgiving "Turkeys for Cape Codders" program in partnership with the Community Action Committee of Cape Cod & The Islands (CAC). Each year, St. Mary's parishioners and other community friends and partners provide up to 300 local families with a turkey and a grocery store gift card (for the fixings) so they may enjoy a bountiful and nutritious Thanksgiving meal.

"Many families living on Cape Cod cannot afford a delicious Thanksgiving meal like most of us enjoy," says Judy Walden Scarafile, who has spearheaded this ministry since St. Mary's became involved in 2010. "But together we can change that."

Parishioners are encouraged to donate gift cards purchased from local supermarkets like Stop & Shop and Shaw's (\$25 increments are best) or simply make a financial donation.

"Last year, we assisted 330 families, but with the cost of food skyrocketing, we anticipate this year that the need will be greater and that our impact may be less if we do not get enough support," explained Walden Scarafile. "Luckily, we received a generous \$10,000 major grant from the Yawkey Foundation to kick off this year's program, but we need much more and appreciate all donations, regardless of size."

St. Mary's parishioners have been very generous in their giving over the years, she added. "Let's keep the tradition strong by helping to make this a joyful Thanksgiving for everyone in our community."

Donations are due by Friday, Nov. 14.

Turkeys and gift cards will be distributed to families on Saturday, Nov. 22 at the CAC office in Hyannis.



Fr. Michael and Peter Scarafile meet local residents on turkey distribution day in 2024.

How Do I Donate?

Bring your purchased gift cards or financial donations to the Parish office and place them in the marked collection folder on the table.

OR

Mail a check to:

Walden Scarafile
449 Braggs Lane
Barnstable, MA 02630

Please include your name and address for acknowledgement.

Make all checks payable to:

COMMUNITY ACTION COMMITTEE
OF CAPE & ISLANDS.

Ministry Update: Office Angels

Office Angels play an important role in the welcoming of visitors to our campus and offering staff administrative support and coverage. From greeting visitors and providing brief tours to answering and placing phone calls, filing, proofreading printed documents or compiling Sunday worship materials, Office Angels fulfill many different needs of our parish.

“The office angel is the first person people meet when they come into or call the parish office, and that interaction sets the tone for how they perceive St. Mary’s,” says Kathleen Macdonald, office assistant, who manages the team. “By having parishioner volunteers who are friendly, welcoming and familiar with the church, it helps ensure a positive experience.”

Most Angels commit to a three-hour shift once a week, which provides a consistent schedule that Macdonald and the staff can rely upon. “We truly appreciate their commitment of time,” she said. “And their enthusiasm to help out in different ways and use their particular skill sets to add value to our efforts is a gift. We really enjoy having them here each day.”

David Knauer is St. Mary’s Friday morning Office Angel who signed up because he was looking for another way to contribute to the church - and the social aspect was appealing to him. “I enjoy talking with people and it’s a nice way to get out of the house, socialize with people I know and keep me connected,” he says. Knauer also considers it stewardship. “It’s a form of pledging by giving my time and talent to volunteer in a way that helps save on [the church’s] overhead expenses.”

Interested in becoming an Angel? We are looking to have coverage during office hours (Monday - Friday, 9 a.m. - 12 p.m.) and after-office hours (12:00 p.m. - 3 p.m.) Reach out to Kathleen at kathleen.macdonald@stmarysbarnstable.org, or stop by the office.



Not included in photos are
Bunny Thompson and
Charlotte Stiefel



Marian Ferguson



Annda Flynn



Joy Hambly



Sara Jones



David Knauer



Jean Larivee



Steve Whitmore

“As an Office Angel, I appreciate the short time each Wednesday morning that I have to reconnect with Father Michael and [his dog] Hugo, as well as other staff members who have become more like friends. I like the feeling of contributing in a small way to the parish community that has been so welcoming to me.” - Jean Larivee, Office Angel

Stewardship Comes from the Heart

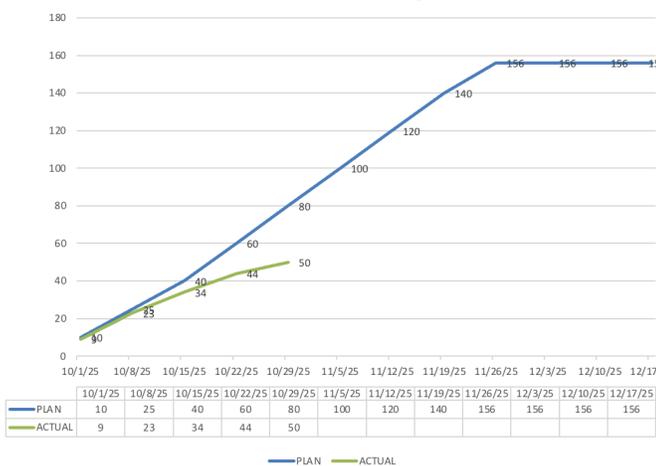
Our pledge drive is underway and we have 23 days to reach our goals! We give thanks for all who have already made a financial pledge to St. Mary's for the coming year. To those who renewed your commitment, thank you for your steadfast generosity and faithfulness.

And to those who pledged for the first time this year - welcome! Your gift is a sign of hope and trust in the mission we share. Every pledge, prayer, and act of service contributes to that shared vision of a church rooted in love and open to all.

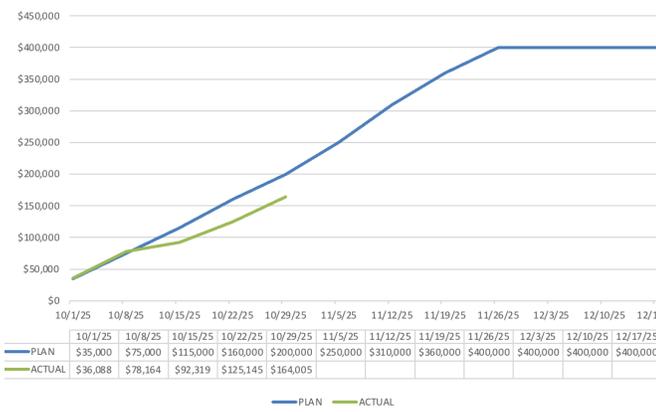
What matters most is that each of us participates, because stewardship is not only about what we give - it is about who we are becoming as followers of Christ.

Pledge Progress

2026 Goal = 156 Pledges



2026 Pledge Goal = \$400,000



Why I Make A Pledge

By Lallie Lloyd



Our ancestors in the faith, living in community, developed the practice of tithing, giving a fixed percentage of income off the top to God's service. Our tradition passes this along to us in recognition that - first - all our blessings come from God and - second - being human, if we don't give to God off the top, chances are good we'll rationalize spending it all.

I use a formula each year to calculate how much to give away the following year. The formula doesn't matter; what matters is the practice. Half of what I give goes to the church because the community of Jesus followers reminds me that I am not just a consumer nor just a subject of the state, I am a beloved child of God, a sacred spirit having an embodied experience in this time and place.

And I pledge to St. Mary's because I can feel this is a place where people have prayed. I felt that the first time I worshiped here, in the 1980's. It's in the walls. I pledge to St. Mary's to help sustain this community so those of us - and maybe our neighbors too - who want to come closer to Jesus can find companions for the journey.

I pledge to St Mary's because we have shown we are willing to listen, grow and change, which shows me we are listening to the Spirit, and going where she blows us.

Here at St. Mary's we are trying new forms of worship, expanding opportunities for adult education and faith development, and seeking new ways to serve our neighbors in the wider community.

Please join me in making a Pledge, because your participation, at whatever level, is important to us all.

Lallie Lloyd is a 10-year member of St. Mary's and serves as Clerk on the Vestry. She participates in the St. Mary's Advocacy Resource Team (SMART), co-led Sacred Ground in 2020, and gathered a contemplative prayer group last Lent. Lallie holds a theology degree from Episcopal Divinity School, is a graduate of the Center for Action and Contemplation's Living School and a former delegate to General Convention. She and her husband, David Miller, live in Cotuit.

Thanksgiving Service & Dinner

Thursday, November 27 | 11 AM Service, 12 PM Dinner | Church & Walden Hall

St. Mary's is delighted to host our Annual Potluck Thanksgiving Dinner, a joyful tradition for parishioners and neighbors alike. We invite everyone – whether you've been coming for years or are joining us for the first time – to bring a favorite dish and share in the warmth of food, friendship, and fellowship. This is a time to gather as one community and celebrate the blessings of Thanksgiving together. Parishioners are encouraged to invite a neighbor who may need a "family" to gather with this Thanksgiving. For information email info@stmarysbarnstable.org

Advent Study Series: Waiting in Hope

This Advent, join us for a special four-week study exploring the history and meaning of this sacred season through the lens of our Anglican tradition.

Together we will discover how Christians through the centuries have marked this time of waiting, longing, and hope — from the fasting practices of the early church, through the rich ceremonies of medieval England, to the reforming vision of Thomas Cranmer, and the ways Anglicans around the world celebrate Advent today. Each session will weave together scripture, history, art, and music, giving us a deeper sense of what it means to prepare for the coming of Christ.

Tuesdays in Advent (December 2, 9, 16, 23) | 11:30 AM -12:30 PM
Walden Hall Conference Room

Week 1: Advent Before Anglicanism – Roots in the Western Church

Week 2: The Sarum Rite and Medieval English Advent

Week 3: The Reformation and Anglican Advent

Week 4: Advent in Today's Anglican Communion

To register, email info@stmarysbarnstable.org

Come ready to learn, reflect, and prepare your heart for the coming of Christ. All are welcome — no prior knowledge required!



Join us for the Annual Angels' Treasures Christmas Sale!

Friday & Saturday, November 21 – 22 | 9:00 AM – 3:00 PM

Sunday, November 23 | After church until 3:00 PM | Walden Hall

Come shop early for the holidays and find festive treasures for everyone on your list!

This event is also a wonderful opportunity to volunteer and enjoy the warm community spirit of St. Mary's. Many hands are needed to make it a success, and your help will be greatly appreciated.

Sorting, organizing, and pricing will take place Tuesday, November 18 through Thursday, Nov. 20, 9:00 a.m. – 4:00 p.m. Even an hour of your time makes a difference!

If you have Christmas items to donate, please bring them to the church on Sunday or drop them off at the thrift shop Wednesday–Saturday.

To volunteer, please contact:

Helen Malone – (703) 785-6644

Janis Umschlag – (508) 362-9519



HOLIDAY EVENTS - AT-A-GLANCE



All Saints'/All Souls' Vigil | Lady Chapel

Friday, October 31 | 5:00 PM - 7:00 PM

Saturday, November 1 | 3:00 PM - 5:00 PM

Veterans Day Breakfast

Tuesday, November 11 | 8:30 AM | Walden Hall

Emmaus Way Series - Celtic Service with Eucharist

Saturday, November 15 | 5:00 PM | Church

Potluck Fellowship following service at 6:00 PM | Walden Hall

Stewardship In-Gathering & Festive Fellowship Hour

Sunday, November 23 | 10:00 AM Worship Service | Church

Fellowship Hour | 11:15 AM | Walden Hall

Thanksgiving Service & Community Dinner

Thursday, November 27 | 11:00 AM Service, 12:00 PM Dinner | Church & Walden Hall

Advent Study Series Begins

Week 1: Advent Before Anglicanism – Roots in the Western Church

Tuesday, December 2 | 11:30 AM - 12:30 PM | Walden Hall Conference Room

Advent Lessons & Carols

Thursday, December 11 | 6:00 PM | Church

Emmaus Way Series - Celtic Christmas Service

Saturday, December 20 | 5:00 PM | Church

Mingle & Jingle Community Christmas Party

Saturday, December 20 | 6:00 PM - 9:00 PM | Walden Hall

Blue Christmas Service

Sunday, December 21 | 5:00 PM | Church

Christmas Eve Worship Services with Eucharist

Wednesday, December 24

4:00 PM | Holy Eucharist | Church

10:00 PM | Candlelight & Festive Choir | Church

Christmas Day Morning Prayer Service

Thursday, December 25 | 10:00 AM | Church

St. Mary's Welcomes New Spiritual Director-in-Residence

St. Mary's is excited to welcome Gayle Kerr as our new Spiritual Director-in-Residence. Gayle will be available for one-on-one spiritual direction sessions on Mondays from Noon to 4 p.m.



What is Spiritual Direction?

Spiritual direction is a sacred practice of deep listening - an opportunity to pause and pay attention to the movement of God in your life. It is not counseling or problem-solving, but rather an intentional time of reflection and conversation with someone trained to accompany you on your spiritual journey. A spiritual director listens with you for the presence and invitations of the Holy Spirit, helping you notice where God may be leading, comforting, or calling you to growth.

Whether you are discerning a decision, navigating change, seeking a deeper prayer life, or simply wanting to be more aware of God's presence in everyday life, spiritual direction offers a safe and prayerful space to explore your experience of faith.

Read more about Gayle and how you can make an appointment on our website at the button below:

[Schedule An Appointment](#)

**Pastoral Emergency?
Call our confidential Pastoral Care
Line**

508-318-6646

To schedule meeting space at the church, please email Kathleen Macdonald in the parish office for approval at kathleen.macdonald@stmarysbarnstable.org

Lisa Nurse Joins Staff as Finance Coordinator

St. Mary's is pleased to announce that Lisa Nurse has joined the staff as Finance Coordinator. Lisa has been working in the human resources and finance fields for the past 15 years and brings a wealth of experience to the role.



She earned a Bachelor of Science Degree in Business Administration and Accounting from the University of Moncton, Moncton, New Brunswick, Canada. Lisa has lived in the Sandwich for 35 years with her husband, Ron, three children and two dogs. We look forward to having Lisa on our staff and as part of the St. Mary's community.

Facility Maintenance Update



Glenn Lungarini, Facilities Coordinator, has been doing an amazing job making the campus safe - including installing lighting in the attic and undercroft areas, painting, and clearing out/reorganizing areas around equipment, making safe passage for vendor maintenance.

The church and campus, overall, has never been more neat, clean, organized and safe. We would like to give a shout out to Glenn and to continue to support his hard work by asking committees and parishioners *not to store items* in any areas of the church, office or campus without his input and/or counsel.

Glenn has taken a proactive role in ensuring an orderly and safe campus. We would like to continue to support him and the safety and organizational goals of St. Mary's beautiful campus. Thank you for your help in supporting these efforts.



VNA Public Health Team Fosters Community Wellness

A representative from The Visiting Nurses Association recently held an informative session for St. Mary's parishioners about aging and Medicare programs. In addition to the home care services typically associated with the VNA, the Public Health & Wellness team provides many additional programs that take place both in the home and out in the community. We wanted to share these resources as they provide free sessions about nutrition, exercise, medical screenings and more. Click on the button below to read more and find a schedule of programs on their webpage.

Public Health & Wellness Webpage >>

Other Helpful Health Related Articles

These articles of interest are offered by St. Mary's Pastoral Care. Always talk with your doctor for medical advice.

[Surprising health challenges of aging](#)
[Uncertainty swirls around fall COVID-19 shots for kids](#)



St. Mary's Hosts Veterans Breakfast

Tuesday, Nov. 11 | 8:30 AM | Walden Hall

St. Mary's and the Cape Cod Vet Center will host a Veterans Day breakfast for local veterans at the church from 8:30 a.m. - 10:00 a.m on Tuesday, Nov. 11.

"Each year we bring veterans together at the church for a meal, music and a prayer of thanks for the dedication, service and sacrifice veterans made for our country," says Adam Doerfler, BA, Veterans Outreach Program Specialist, Cape Cod Vet Center. If you or someone you know is a veteran, please invite them and consider joining us for this event.

Sarah Nixon is St. Mary's point of contact for the event. If you would like to volunteer to assist, please reach out at saggybeach@aol.com.

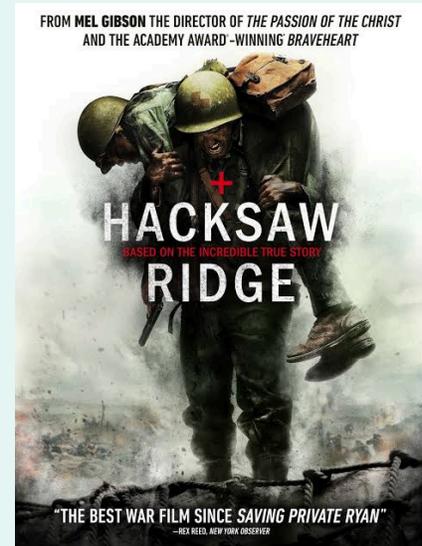
RSVP is requested for meal planning.
Email info@stmarysbarnstable.org or call Adam at the Vet Center at 401-529-0525.



Movie Theology Monthly Feature

Sunday, Nov. 16 | 2:00 PM | Walden Hall

Now Showing: Hacksaw Ridge



[Watch Trailer](#)

In honor of Veterans Day, we are changing our feature selection to "Hacksaw Ridge." Please note the new start time—after the Nov. 2 time change, we'll begin at 2 p.m., so driving home is easier.

The film follows the true story of Desmond Doss, a WWII combat medic whose faith leads him to serve without a weapon. Despite pressure and a court case, he continues—and at Okinawa, he saves 75 men at Hacksaw Ridge, lowering them to safety one at a time. He later receives the Medal of Honor from President Harry S. Truman.

From Director Mel Gibson, the movie earned several major award nominations and features a well-known ensemble. It runs on the longer side, which also supports the earlier start.

Bring your favorite drink and a comfy seat cushion if you'd like. We'll provide popcorn. Questions? Contact Kinnet Ehring at kinnet1018@icloud.com. See you at the movies!

Member Highlights

Member Highlights is a new feature to introduce you to members with short Q & A formatted stories.

Meet Maggi Lubov

Q: *How long have you been a member (of the church) and how did you choose St. Mary's for your church community?*

A: I've been a member for 11 months! My husband and I moved here from Seattle six years ago and after following several churches online for a while, I started exploring churches in the area in person. I am a life-long Episcopalian and a friend of mine was a member of St. Mary's and she invited me to visit. I showed up one Sunday and my first impression was that it was so welcoming!

I was first greeted by Marian Ferguson at coffee hour and then I met Judy Scarafile, who immediately told me about the opportunities to become involved in the church. Then I had a lovely conversation with Lallie Lloyd from the Vestry.

I also care very much about Creation Care and feel extremely happy to have found a communion with Nature here and programs to support it.

This church is right for me. I was welcomed home!

Q: *You have already been involved in many activities at St. Mary's. Tell us what you've been doing.*

A: I love being involved and there's still so much for me to do here. I helped with the spring luncheon and was invited to join the Welcome Committee. I gave feedback during the new website development, and even participated in the Welcome video.

I help in the church kitchen with coffee hours, events and will be there to help with the Veterans Breakfast. I joined the Miracle Kitchen ministry and organized the Summer Cookout, even though I couldn't be there on the event day! But I wanted to fill the need they had for someone to champion it. It was a great turnout!



Maggi Lubov

Q: *Which church season or holiday is your favorite and why?*

A: Christmas! I love the music and the winter and the (re) birth of Jesus. During this season I focus on what's important in my life and being grateful every day.

Q: *You are invited to a potluck, what are you bringing?*

A: My go-to is a fresh-caught Smoked Salmon Mousse. I make it from the fresh salmon my son catches from the Pacific Ocean. He smokes it and sends it to me. I always have some in my freezer.



Maggi is at home in the kitchen where she assists with Fellowship Hour, Family Faith Kitchen and Miracle Kitchen ministries.

Happy Birthday November Birthdays

Happy Birthday to all St. Mary's November babies! If we have missed yours, please reach out and let us know.

Barbara Reed, Nov. 1
 Joyce Bertschmann, Nov. 2
 Max Dalrymple, Nov. 2
 Sam Fedele, Nov. 2
 Carol Lummus, Nov. 2
 Marliese Vogel, Nov. 2
 Susan Kuebler, Nov. 3
 Joyce Shinn, Nov. 3
 Chrissy Anderson, Nov. 4
 Peggy Crampton, Nov. 4
 Tom Fahey, Nov. 4
 Donna Albert, Nov. 5
 Kimberly Chesnut, Nov. 5
 Suzanne Hutton, Nov. 5
 Happy Gray, Nov. 6
 Jan Hendrickson, Nov. 7
 Judy O'Brien, Nov. 9

Kay Outwin, Nov. 9
 Lallie Lloyd, Nov. 11
 Lee Hunsaker, Nov. 12
 Jenni Lennon, Nov. 13
 Isabelle Bresette, Nov. 14
 Fred Kraics, Nov. 15
 Abby Hussey, Nov. 18
 Sue Davy, Nov. 21
 Richard Hawkins, Nov. 21
 Judy Knauer, Nov. 21
 Aleina Laughton, Nov. 22
 Rev. Carol Bolstad, Nov. 23
 Christian Teague, Nov. 23
 Marge Buswell, Nov. 25
 Bruce Gordon, Nov. 26
 Rosemary Buse, Nov. 28
 Samuel Coakley, Nov. 29
 Mark Cohen, Nov. 29



Our apologies! We missed listing Kinnet Ehring's Oct. 18th birthday among October babies!



Vestry Nominations Being Accepted Through November 9th

We are currently taking nominations for positions available on the Vestry. Please use the form in the bulletin to submit your nomination by Sunday, Nov. 9. Forms are also available in the parish office.

Serving on the Vestry at St. Mary's is both a privilege and a calling. Vestry members are entrusted with guiding the spiritual and practical life of our parish, always listening for the movement of the Holy Spirit. Their ministry is one of prayer, discernment, and shared leadership-seeking together to support the mission God has given to St. Mary's.

[Read more about the eligibilities and requirements of vestry nominees on St. Mary's Website Vestry page.](#)

If you have any questions, please contact Fr. Michael or any member of the Vestry.

St. Mary's Staff

The Rev. Michael J. Horvath, Rector
 The Rev. Dr. Russ Norris, Associate Pastor
 Dr. Mijin Choi, Music Minister
 Julienne Remie, Parish Administrator
 Kathleen Macdonald, Office Assistant
 Lynda Anello, Communications Director
 Lisa Nurse, Financial Coordinator
 Janis Umschlag, Thrift Shop Manager
 Glenn Lungarini, Facilities Coordinator



ST. MARY'S
 EPISCOPAL CHURCH
 — BARNSTABLE —



stmarysbarnstable.org

St. Mary's Vestry

Vestry Officers

Marian Ferguson, Sr. Warden (2026)
 Arlene Antonicelli, Jr. Warden (2026)
 Wes Blair, Treasurer (2026)
 Lallie Lloyd, Clerk (2026)

Members

Emory Anderson (2026)
 Jean Fahey (2026)
 Jane Martin (2026)
 Keith Harris (2027)
 Sarah Nixon (2027)
 Judy Quinn (2027)
 Sue Davy (2028)
 Conor Moynihan (2028)